

Township of Nutley  
Department of Parks and Recreation  
Commissioner  
Mauro G. Tucci



# CONTEMPORARY DANCE

**Contemporary Dance (boys & girls ages 6 - 8)** This 6 week class will utilize elements from classical, modern and jazz -- any type of music can be used. As a result, your child will get to explore various musical genres allowing them to uniquely express themselves while they dance. Contemporary dance gives the dancer freedom to move at their own pace. There is no wrong or right way to dance in this style.

This class will help the dancer improve flexibility and build muscle strength. Studies show that children who take regular dance classes can help them to reduce stress and tension in both mind and body.

\*\*\*\*\*

Spring 2025

WEDNESDAYS 5:00pm

April 9, 23, 30, May 7, 14, 21

NO CLASS APRIL 16

\*\*\*\*\*

REGISTRATION: \$75.00

PLACE: PARK & RECREATION ANNEX BLDG. 65 Bloomfield Ave.

ONLINE REGISTRATION AVAILABLE: <https://register.communitypass.net/nutley>

Child's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

DAY/TIME: \_\_\_\_\_ WEDNESDAY – 5:00pm – 5:45pm

**The undersigned parent or guardian of the named child named above, or adult participant, does hereby (grant permission for said child to engage in all** Recreation activities of the current season and) does hereby waive, release and discharge the organizers, sponsors, supervisors, coaches, league officials or the Township of Nutley, its employees and agents, jointly and severally, from any claim for injuries that may be sustained by said child or adult participant while engaging in all Recreation activities or matters incidental thereto.

Signature of parent/guardian or adult participant is required for participation \_\_\_\_\_

Please initial that you have read and agree to the Code of Conduct \_\_\_\_\_

Funds Raised For This Program May Be Used For Other Township Sponsored Recreation Trust Activities