

Township of Nutley
Commissioner Mauro G Tucci
Department of Parks & Recreation
Pilates Class

This program is open to Nutley Residents— Online Registration is available at: <https://register.communitypass.net/nutley>
Registration Fee is \$180.00 per person.
Monday's & Wednesday's 7:00PM – 8:00 PM

Ready to feel stronger, longer, and more energized?
Our Pilates classes combine precise movement with deep breathwork to build lean muscle, improve posture, and boost flexibility. Whether you are a complete beginner or looking to challenge your routine, you will walk out feeling taller, stronger, and completely revitalized.



Monday's 7:00 PM – 8:00 PM

8/31, 9/14, 9/21, 9/28, 10/5, 10/19, 10/26, 11/2, 11/9, 11/16, 11/23, 11/30, 12/7

Wednesday's 7:00 PM – 8:00 PM

9/2, 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4, 11/18, 12/2, 12/9

**Classes will be held at Parks and Recreation ANNEX 65 Bloomfield Ave.
Pilates Class- FALL**

Name: _____ Birth Date _____ Phone: _____

Address: _____ Email: _____

The undersigned parent/guardian, does hereby consent to engage in all Recreation activities of the current season and does hereby waive, release and discharge the organizers, sponsors, supervisors, coaches, league officials, or the Township of Nutley, engaging in all Recreation activities or matters incidental thereto.

Signature of parent/guardian _____

Please initial that you have read and agree to Code of Conduct _____